



Patient Questionnaires: BMI

**Collect your patients' BMI data
in minutes - not hours**

Updating a patient's height and weight

As part of the quality and outcomes framework, GPs are required to hold and maintain a register of patients over 18 with a BMI at or above 30 in the last 12 months. Maintaining this register is an important, but time-consuming task.

Dr Thomas Hodson used to rely on traditional methods to update patients' height and weight. This included asking the patient in clinic, prompting via waiting room posters, placing banners on their website, and calling or texting patients individually. Texting and calling were the most effective methods but were also the most time-intensive, taking up to one minute of administrative time per patient. Dr Hodson's list of 400 patients would take up to 400 minutes to update.

A digital solution to save hours of administration time

The BMI Patient Questionnaire is pre-populated and can collect a patient's height and weight in just a few clicks.

- Set up in just five minutes
- Segment patients by age and BMI
- Code replies directly into a patient's record

**Using the BMI Patient Questionnaire,
Dr Hodson received the height and
weight of 400 patients in just a few
hours. This reduced a 400-minute
effort to update the patient records
to just five minutes.**



**“
The Patient
Questionnaires
from myGP make
it so easy to update
a patient's health
details and saves so
much administration
time. We use them
regularly as they are
just so effective and
simple to use.
”**

**Dr Thomas Hodson,
Springfield Medical Centre**

400 minutes → 5 minutes